

Date : 13.06.2022

Daily Report of Yoga fortnight

1. Yoga - 29 persons participated in Yoga session from 9AM to 11 AM at Industrial Cluster- Ishwar Corrugation and packaging industry Pvt Ltd, Alwar and 13 persons participated in Yoga session from 07:00 AM to 08:00 AM at Hospital.
2. Health Check-UP Camp - 29 Persons attended from 9AM to 11 AM at Industrial Cluster- Ishwar Corrugation and packaging industry Pvt Ltd, Alwar and 16 persons attended at Hospital.
3. Health Talk - Total 76 Persons Attended in Health Talk program at ESIC Medical College and Hospital, Alwar.
Topic- Yoga and Dental disease.
Speaker - Dr. Ibadat, Asst. Prof., Department of Dentistry.
4. Cleanliness Drive -
 - a. Basti- Naharpur, Alwar District, Rajasthan - Done by Nodal officer Dr. Saroj Kumar Suman and Supervisor (House Keeping) Sh. Suresh and Tejsingh along with housekeeping team.
 - b. Hospital –Type-6, ESIC MC&H, Alwar Rajasthan - Done by Nodal officer Dr. Saroj Kumar Suman and Supervisor (Housekeeping) Sh. Suresh and Tejsingh along with housekeeping team.

All the photos of Above program are attached as PDF with this document.